

# ***REAL* First Aid**

***REAL* First Aid Ltd**

**RISK ASSESSMENTS**

March 2018

Risk Assessment for: First Aid training activities

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Date completed: 1<sup>st</sup> March 2018

Date for review: 1<sup>st</sup> March 2019

Signature



Hazard	Risk	Preventative Measures
Manual Handling	Accidents, injuries and/or musculoskeletal disorders which can occur after repetitive tasks or lifting heavy objects  Accidents or injuries and/or musculoskeletal disorders which can occur from working on the ground/floor.	Provide adequate instruction for each given task.  Assess manual handling activities to take into account of physique and general health, age, experience and environment.
Violence at Work	Challenging or unpredictable behaviour leading to injury and/or stress	Avoid working situations where there is unpredictable and/or violent behaviour.  Avoid confrontation where possible.
Infectious Diseases	German Measles Chickenpox Hepatitis B HIV Cold Sores, etc.	Provide adequate instruction for each given activity.  Provide PPE for activities where risk of transference of communicable infection exists.  Request information relating to known communicable disease or infection from employees and candidates.  Remove from source of infection and seek further advice.

Slips, Trips & Falls	Working from height or uneven ground	<p>Provide adequate instruction and appropriate equipment for each task.</p> <p>Candidates to be prohibited from undertaking activities working at height without adequate training and equipment.</p>
Mental and Physical Fatigue	Prolonged standing or working in confined spaces	<p>Ensure adequate seating, rest breaks, working space.</p> <p>Provide adequate instruction and appropriate equipment for each tasks.</p>
Noise	Prolonged exposure to levels in excess of 85dB (A). (No more at risk than any other employee)	Ensure noise levels below 85 dB(A)
Physical and Mental Immaturity	New environment. Lack of awareness.	<p>Health and Safety Induction for employees.</p> <p>Encourage dynamic risk assessment from candidates.</p> <p>Supervision and clear instructions</p> <p>Observation.</p> <p>Document evaluation of work.</p>
Confusion relating to Scenario training and an actual emergency situation.	An employee or candidate is not treated appropriately or a genuine medical emergency is not recognised during a scenario based training event.	Candidates and employees instructed to use the phrase “ <i>Stop! Stop! Stop!</i> ” to end a scenario or to draw attention to a ‘real world’ hazard or emergency.
Confusion between training equipment and live equipment	<p>A candidate inadvertently uses live equipment or medications (e.g. Epi-Pen) rather than the intended training version.</p> <p>Live equipment intended for actual use is misplaced or damaged during a training session.</p>	<p>Training equipment will be clearly labelled or separated from Live equipment.</p> <p>Training devices or medication will not be in circulation with Live equipment at the same time, e.g. during demonstrations or scenarios</p> <p>Stock checks and visual inspections shall be made of equipment before storage.</p>

Hazards of Pyrotechnic use	A candidate, employee or member of the public is injured or harmed through the use of pyrotechnics during a scenario.	<p>Candidates will be briefed on their use during scenarios.</p> <p>Scenario environments will be appropriate for the use of pyrotechnics and have identified escape routes.</p> <p>“Thunderflash” explosions shall only be activated by the employee coordinating the scenario.</p> <p>Where pyrotechnics are used in confined spaces, eye protection will be worn for the duration of the scenario.</p>